Seventy-fifth session
Agenda item 131
Global health and foreign policy

Resolution adopted by the General Assembly
on 14 December 2020

[without reference to a Main Committee (A/75/L.47 and A/75/L.47/Add.1)]

75/131. United Nations Decade of Healthy Ageing (2021–2030)

The General Assembly,


Recalling also its resolution 70/1 of 25 September 2015, entitled “Transforming our world: the 2030 Agenda for Sustainable Development”, in which it adopted a comprehensive, far-reaching and people-centred set of universal and transformative Sustainable Development Goals and targets, and its commitment to working tirelessly for the full implementation of the Agenda by 2030, and stressing the need to ensure that older persons are taken into account in its implementation in order to ensure that no one is left behind,

Reaffirming its resolutions 53/199 of 15 December 1998 and 61/185 of 20 December 2006 on the proclamation of international years, and Economic and Social Council resolution 1980/67 of 25 July 1980 on international years and anniversaries,

Noting that, between 2019 and 2030, the number of persons aged 60 years or over is projected to grow by 38 per cent, from 1 billion to 1.4 billion, globally outnumbering youth,⁴ and that this increase will be the greatest and the most rapid in the developing world, recognizing that greater attention needs to be paid to the specific challenges affecting older persons, and recognizing also the need to promote and protect their human rights and dignity,

Recalling the high-level meeting on universal health coverage, held in New York on 23 September 2019, and reaffirming its political declaration, entitled “Universal health coverage: moving together to build a healthier world”,³

Recalling also the World Health Assembly resolutions on ageing, specifically resolution 58.16 of 25 May 2005 on strengthening active and healthy ageing,⁴ which stressed the important role of public health policies and programmes in enabling the rapidly growing number of older persons to remain in good health and maintain their many vital contributions to the well-being of their families, communities and societies, and resolution 69.3 of 29 May 2016, entitled “Global strategy and action plan on ageing and health 2016–2020: towards a world in which everyone can live a long and healthy life”,⁵ and World Health Assembly decision 73(12) of 3 August 2020, entitled “Decade of Healthy Ageing 2020–2030”,⁶

Emphasizing the need to foster healthy ageing worldwide, in particular to change how we think, feel and act towards age and ageing, ensure that communities foster the abilities of older persons, promote health by implementing policy measures, including raising awareness about healthy lifestyles and health literacy and promoting occupational safety and health over the life course, deliver integrated care and primary health services responsive to older persons, and provide access to long-term care for older persons who need it,

Emphasizing also the need to provide opportunities for active participation and substantial contributions of older persons in society, to secure adequate levels of social expenditure necessary to provide access to health, education and basic social protection, and to ensure that all older persons can live dignified lives,

Recognizing that the coronavirus disease (COVID-19) pandemic poses a multifaceted threat and continues to have a disproportionate impact on the survival, livelihood and dignity of people, in particular those in situations of vulnerability, including older persons, and requires inclusive, gender-sensitive, comprehensive and prevention-oriented responses that strengthen the protection and empowerment of all people and all communities,

Recognizing also the essential contribution that older persons can continue to make to the functioning of societies and towards the implementation of the 2030 Agenda for Sustainable Development, and recognizing further the importance of ensuring equal opportunity for older persons to fully and effectively enjoy their human rights and fully develop their human potential,

Expressing concern that, despite the predictability of population ageing and its accelerating pace, many health systems may not be sufficiently prepared to respond to the needs of the rapidly ageing population, including the need for promotive, preventive, curative, rehabilitative and palliative care as well as specialized care and

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³ Resolution 74/2.
⁴ See World Health Organization, document WHA58/2005/REC/1.
⁵ See World Health Organization, document WHA69/2016/REC/1.
⁶ World Health Organization, document WHA73(12).
the sustainable provision of long-term care, aimed at promoting healthy ageing and maintaining and improving the quality of life of older persons,

Acknowledging that the ageing of the population will continue to impact all aspects of society, including labour and financial markets, the demand for goods and services, such as education, housing, health, long-term care, social protection, transport, information and communication, as well as intergenerational ties, and underlining the importance of multisectoral action to healthy ageing,

Recognizing that the prevalence of disabilities increases with age and that many older persons live with a disability,

1. Decides to proclaim 2021–2030 the United Nations Decade of Healthy Ageing, within existing structures and available resources;

2. Welcomes the proposal for the Decade of Healthy Ageing, which provides a work programme with voluntary policy options and strategies for use by Governments and other stakeholders, as appropriate, and notes that this is a living document developed through an inclusive, continuous and collaborative process;

3. Calls upon Member States and other stakeholders to take and strengthen action to prevent, monitor and address the disproportionate effects of the COVID-19 pandemic on older persons, including the particular risks that they face in accessing social protection and health services, and to ensure that health-care decisions affecting older persons respect their dignity and promote their human rights, including the right to the enjoyment of the highest attainable standard of physical and mental health;

4. Recognizes the challenges related to the enjoyment of all human rights that older persons face in different areas and that those challenges require in-depth analysis and action to address protection gaps, and calls upon all States to promote and ensure the full realization of all human rights and fundamental freedoms for older persons, including by progressively taking measures to combat age discrimination, neglect, abuse and violence, as well as social isolation and loneliness, to provide social protection, access to food and housing, health-care services, employment, legal capacity and access to justice and to address issues related to social integration and gender inequality through mainstreaming the rights of older persons into sustainable development strategies, urban policies and poverty reduction strategies, bearing in mind the crucial importance of intergenerational solidarity for social development;

5. Calls upon the World Health Organization to lead the implementation of the United Nations Decade of Healthy Ageing (2021–2030), in collaboration with the Department of Social and Economic Affairs of the Secretariat, the regional commissions, the United Nations Population Fund, the Office of the United Nations High Commissioner for Human Rights, the United Nations Development Programme, the United Nations Human Settlements Programme (UN-Habitat), the United Nations Entity for Gender Equality and the Empowerment of Women (UN-Women) and the World Bank, within their respective mandates, using existing coordination mechanisms such as the Inter-Agency Group on Ageing in line with its mandate, and in consultation with other relevant international and regional organizations and platforms;

6. Invites Governments and other relevant stakeholders, including international and regional organizations, civil society, the private sector, academia and the media, to actively support the implementation of the United Nations Decade of Healthy Ageing (2021–2030), including through voluntary contributions, as appropriate;
7. Invites the Secretary-General to inform the General Assembly about the implementation of the United Nations Decade of Healthy Ageing (2021–2030), on the basis of the triennial reports to be compiled by the World Health Organization in 2023, 2026 and 2029.

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